

THE ADVISORY COUNCIL ON AGING MONTHLY MEETING

Monday, November 12, 2018
2:00 P.M.
Large Conference Room

Coastal Bend Council of Governments
Area Agency on Aging of the Coastal Bend
2910 Leopard Street; Corpus Christi, TX 78408

MINUTES

- I. **Call to Order. 2:10 p.m.**
- II. **Pledge of Allegiance.**

The Pledge of Allegiance to the National flag was led by Council Members.

 1. The Pledge of Allegiance to the Texas State flag was led by Council Members.
- III. **Minutes of the October 8, 2018 Meeting.**

Secretary Gloria Cureton motioned for the approval of the September 10, 2018 Minutes.
Motion to accept the minutes made by Ana Marie Silvas, seconded by Victor Salazar, motion passed without opposition.
- IV. **Chairman's Report.**
 1. **Welcome Visitors/Guests –Gloria Cureton, Secretary**

Welcomed Maria Luna Ricks, who is interested in becoming an ACoA member, and Lisa Oliver with the City of Corpus Christi, our presenter.
 2. **FY18 Close Report & FY19 Status Report - Lisa Oliver, Superintendent Community Relations & Engagement, City of Corpus Christi**

Ms. Lisa Oliver shared with the members that as a meal service provider they receive information from various professional associations such as the Meals on Wheels Association and the National Association of Nutrition & Aging Services (NANASP) program. She referred everyone to the handout "Beyond the Meal." The handout is a study that was done by the NANASP with a grant they received and was focused to be on the congregate nutrition program, the lunch program served at the senior centers. She reported that nine states participated including Texas. They surveyed 15 nutrition programs and of that, received about 2,000 completed surveys from program participants and received 57 completed surveys from service providers. Some of the findings gives service providers opportunities to apply for grants. She encouraged everyone to take this information and share with their agencies. She said the agencies can use these findings as a tool to document their success. She advised to do a risk assessment in the beginning and another one after a year so the agency can do a comparison. The senior centers give a nutrition education and each month there is a new nutrition topic for seniors at the centers or the home-delivered meal clients. The City of Corpus Christi offers a variety of wellness programs that seniors can participate in. Seniors who attend state they have more friends now than they did before and they participate in activities and are in better health than they were before. Ms. Oliver invites members to visit with their local area agencies on their meal programs to become members of the professional organizations that also sends updates on federal programs that relate to programming. Locally, the City will be submitting grants to the Texans Feeding Texans for the Meals on Wheels program. The City will be participating in the Meals on Wheels national program from Subaru Share the Love grant. Between November and December, Subaru has a commercial about Share the Love. Last year, they participated for the first time and was able to raise a little over \$6,000. If a customer purchase at a Subaru dealership, they can check off whether a donation can be made to Meals on Wheels or any other organizations that they can select from. To be eligible for the grant, the agency has to be a member of the Meals on Wheels Association. Ms. Oliver referred everyone to a handout for upcoming events at the senior centers. Information is also available on the website (can enlarge the font) and Facebook page. A Health & Resource Fair is scheduled for October 10th hosted by the Retired & Senior Volunteer Program (RSVP) and Senior Companion Program (SCP). Ms. Oliver also announced that they will have a Coshatta Casino Trip in November. They have value pricing if RSVP'ing early. If outlying areas are interested, please let her know as the bus may drive in the area and can pick them up on the way to the casinos. Lastly, proposed funding improvements for senior centers in proposition 6 for Bond 2018. The 2018 Bond Proposal books are available at senior centers, libraries and recreation centers. The senior centers are slated for nearly \$2 million towards improvements. Carolyn Dorsey announced that one of the

participants at the Ethel Eyerly location raved about how her doctor told her that her blood pressure, sugar level, and cholesterol was perfect. Her doctor advised her to keep doing what she's been doing because she is healthy. She attributes her healthy lifestyle to attending Ethel Eyerly programming.

V. Action Item(s).

1. Resignation of Gracie Alaniz-Gonzalez - Viola Monrreal

Mrs. Monrreal reported that we noticed that a written resignation was received from Gracie Alaniz-Gonzalez back in April. Ms. Alaniz-Gonzalez is with the San Patricio County Clerk's office.

Motion to accept the resignation of Gracie Alaniz-Gonzalez, made by Anna Marie Silvas, seconded by Inez Garcia, motion passed without opposition.

Replacement Cindy Payne (San Patricio)

Ms. Monrreal stated that she will table this action item due to having to contact the County Judge for appointment for Cindy Payne to replace Ms. Alaniz-Gonzalez. Ms. Payne was voted in for Nueces County, but has recently moved into the San Patricio area. In order to follow through with proper protocol, she would need to contact Judge Sims and see if he wants to wait until the new year for a new judge to do the appointment or do it right now before the end of the year. Ms. Payne would need to stay with Nueces County. Ms. Anna Marie Silvas asked if Ms. Payne needs to step down since she no longer resides in Nueces County. Ms. Monrreal replied no, that she does not need to because she is still representing Nueces County. Ms. Silvas asked if members can only represent the county they reside in only, that she was told that. Ms. Monrreal advised that she will be looking at the bylaws and will be sending out a copy of the bylaws to the members.

Motion to table Cindy Payne for San Patricio County, made by Anna Marie Silvas, seconded by Richard Alonzo, motion passed without opposition.

2. Key Performance Measure Target Revisions - Viola Monrreal

Ms. Monrreal referred to attachment D. Every year they turn in key performance measures target to the state. But throughout the year, it changes. At page 1 - Number of Active Certified Ombudsman, the Current Approved Target was 25 but unfortunately due to staff turnover and based that projection on previous years' documentation, but noticed that a lot of the people that were considered active were not. A revision was made to project the actual amount of certified ombudsman. We currently have 10 certified ombudsman 2 are currently being recruited more to meet the 14 projected certified Ombudsman. Ms. Anna Marie Silvas asked if the certified ombudsman are for the Coastal Bend. Monrreal replied yes, but that we currently have 12. Silvas asked if there was a list, but a list will be compiled soon. Mr. Ferguson asked if we plan to get 14 and Monrreal replied yes. She stated that we can be within 5% positive or negative from the projection. But if go over the 5% projection, then we would need to submit to the state why we didn't meet or exceeded the projection.

The next projection was the number of persons receiving care coordination. Monrreal projected 160 persons to receive, but the actual amount was 312 due to Hurricane Harvey and additional \$75,000 received for Care Coordination. The new proposed target is well over the 5%, so an explanation was given about Hurricane Harvey assistance. The average cost per person receiving care coordination, the current approved target was \$368.15, but the actual was 186 due to the increase to 312. Care Coordination was not spending as much time with the client because they were giving the clients a gift card for food, clothing, or transportation, so time spent with the client wasn't as much as if they were needing provider services. At the end of September the AAA will compile a report for the state, so by November we will have a compilation of how many individuals were assisted, the amount of funds we spent in each category, verses what was initially projected. Monrreal stated that we went back and did a couple of revisions to the budget to assist with more needs. For example in the area of transportation, it was budgeted for \$2,000 however, the amount was not fully spent, so some money was taken to purchase additional gift cards to work through the waiting list that we've had. She told the members that they will get a total breakdown of that in November.

The number of Assisted Living Facilities visited by a certified ombudsman current approved target was 15, but the proposed target is 13 due one assisted living facility combined from 3 other facilities. Ms. Silvas asked if these facilities are in the Coastal Bend. Ms. Monrreal said yes, they are for the Coastal Bend region based on the State's definition of assisted living facilities. The State dictates how many are in our area.

Motion to accept the Key Performance Measure Target Revisions, made by Deborah Gagnon, seconded by Richard Alonzo, motion passed without opposition.

3. Voluntary Termination of Contract - Interim Healthcare - Viola Monrreal

Ms. Monrreal reported that she received a letter from Interim Healthcare. Interim Healthcare is shutting their offices in Corpus Christi and has voluntarily terminate their contract with AAA. We submitted a letter acknowledging the voluntary termination agreeing to the date of termination. Two to three clients were reassigned to another organization. No clients are assigned to Interim Healthcare at this time.

Motion to accept the Voluntary Termination of Contract-Interim Healthcare, made by Tony Ferguson, seconded by Henry Aleman, motion passed without opposition.

VI. Staff Reports.

1. NFA Update - Viola Monrreal

Ms. Monrreal received an updated Notification of Funds Available (NFA), a staff report that came in at the end of grant year. Having additional funds available to charge into Title III-B, C-1, C-2, and III-E, additional \$39,715. We are hoping to have these funds carried over into the new fiscal year, since the funds were received on September 28th, when the grant year ended on September 30th. Still waiting to hear from the state if they can carryover. Monrreal stated that we just received the template for the budget that is due in November.

2. ADRD Update - Viola Monrreal

Ms. Monrreal introduced Jennifer Recio that is the photographer for the ADRD. We will be sending her to various agencies to take photos of seniors and children with disabilities, since the directory is for the Aging and the disability population. Monrreal asked if members know about any events going on in the community to let her know so that Mrs. Recio can take photos. We are still selling ads for the directory, so if members know of anyone that is interested to let us know. Monrreal referred everyone to the handout and at the back of the page has the Advertisement Billing Form that has the prices. Non-profit organizations receive a 25% discount. We depend on the advertisement sales to pay for the cost of printing. Ms. Silvas asked when is the deadline? But the deadline will be around the end of October. All information needs to be ready to send in December. Monrreal explains that the ad has a 2-year shelf life. The distribution is 80,000 that goes to over 100 distributors and goes out to 12 counties, even though we service 11 counties.

3. Coastal Bend Community Foundation - Viola Monrreal

Mrs. Monrreal reported that AAA received a letter from the Coastal Bend Community Foundation. The AAA Family Caregiving Program requested \$10,000. We use that grant as a match for that program, and received \$4,000.

4. Committee Members ACoA Expiration/Continuation - Viola Monrreal

Mrs. Monrreal referred members to Attachment F, stated that several members are up for term expirations this year. If they are interested in renewing their term, to please let us know. If you no longer want to serve, then please help fill your vacancy. We will be assigning a nominating committee in November.

5. Walk for Memory - Viola Monrreal

Mrs. Monrreal provided information about the 11th Annual Walk for Memory. It is a local fundraiser for Alzheimer's. We have received \$10,000 in years past for direct services for respite. This year's walk will be on Saturday, November 3rd from 9 a.m. to 11:30 a.m. If members are interested or getting a group together, to let her know. There will be a fundraiser at Chipotle Restaurant on Monday, October 22nd. Show the staff the flyer in your packet and the restaurant will donate 33% of the proceeds to Face to Face organization. If you raise \$50, you receive a t-shirt. But, with AAA with the Bake Sale and the Fidget Blanket raffle, we raised over \$1,000 for Face to Face, so we can get t-shirts for those funds.

6. FY18-19 Ombudsman Volunteer Recruitment - Edna Ramirez

Ms. Ramirez asked if members are interested in being volunteer ombudsman to please talk with her. She stated that when she started there were only 5 volunteers, but now they are up to 12. But she is looking for 2 more volunteers. There is an application packet, there is a background check, manual to read, and training. They will also follow her at a facility. Volunteer ombudsmen can set their own schedule and be reimbursed mileage. There were questions if there are age requirements, number of hours per week requirement and about being on call for emergencies. Ms. Ramirez stated that there are no age requirements and number of hours per week requirements. As long as the volunteer visits the facility. She also stated that volunteers do not respond to emergency calls overnight or on the weekend. Ms. Ramirez is the primary contact for emergency situations. Ms. Ramirez will leave cards and pamphlets for anyone who may be interested in becoming a volunteer ombudsman.

7. Benefits Counseling - "Medicare Hot Topic"/Open Enrollment Event of the Month - Letty Ochoa

Ms. Ochoa announced that open enrollment opens on Monday, October 15th. The counties have been split up between Sylvanna Gonzalez and Syglinda Resurez and Ms. Ochoa to provide assistance within the counties. Ms.

Ochoa had hoped to have a set schedule to share with the ACoA members, but didn't at this time, should have next month. She plans to do most open enrollment clinics in November. Open Enrollment Clinic to be held at the AAA office on Friday, October 19 from 9 a.m. to 4 p.m. Benefits Counselors from the City of Corpus Christi will be assisting as well. No appointments will be made for the clinic, it will be first come, first serve. She mentioned that there will be a few changes in Medicare for 2019, so it is imperative that people come in to the clinic to do comparisons. She advised that clients need to bring their medication or a list of their medication(s) and their Medicare card. She urged members to spread the word about the clinic. Ms. Ochoa announced the new Medicare & You books are out. On November 9th, the AAA will be hosting a ToDD (Transfer on Death Deed) event from 9 a.m. to 12 p.m. Six lawyers will be assisting with the paperwork and two notary publics will be on hand. It is open to veterans and spouses of any age and seniors 60 and over regardless of income. The flyer will be emailed to the members. ToDD is a program that began several years ago, it is a transfer of deed upon the person's death without having to go through probate.

VII. Committee Reports.

1. TSHL / Advocacy Committee Report- Mark Walsh

No TSHL Report given

VIII. New Business

1. Birthdays- Viola Monrreal

Ana Martinez - October 3 Joann Trad - October 30

IX. Announcements.

1. Reminders and Misc.

Next meeting to be held on Monday, November 12, 2018. It is held on Veterans' Day Observed, which some businesses may be closed, but the AAA will be open.

2. Other announcements:

Anna Marie Silvas announced that Hacienda Oaks Nursing & Rehab in Beeville is looking for social worker. If anyone is interested to please let her know.

X. Adjournment.

Ms. Gloria Cureton adjourned the ACoA meeting at 3:12pm.