THE ADVISORY COUNCIL ON AGING
MONTHLY MEETING

Monday, May 14, 2018
2:00 P.M.
Large Conference Room

Coastal Bend Council of Governments
Area Agency on Aging of the Coastal Bend
2910 Leopard Street; Corpus Christi, TX 78408

MINUTES

I. Call to Order. 2:03 p.m.

II. Pledge of Allegiance.
The Pledge of Allegiance to the National flag was led by Council Members.
1. The Pledge of Allegiance to the Texas State flag was led by Council Members.

III. Minutes of the April 09, 2018 Meeting.
Chair Cindy Payne motioned for the approval of the April 09, 2018 Minutes.
Motion to accept the minutes made by Victor Pinon, seconded by Henry Aleman, motion passed without opposition.

IV. Chairman's Report.
1. Welcome Visitors/Guests –Viola Monrreal
Acknowledged Mary Ellen Nies, Bruce Wilson, Eli Poore, and Angela with Coastal Bend Neighborhood Empowerment, Marcos Gonzalez with CACOST, and Connie Reschman with City of Corpus Christi.
2. Advisory Council Provider Performance Review Report–Explanation of services rendered and completed objectives for FY17 Closeout Report& FY18 Status Report- Aransas County Council on Aging-Mary Ellen Nies
Ms. Nies, Executive Director of Aransas County Council on Aging. Refers members to the green handout for reference of the status report for the Aransas County Council on Aging. The only change note is that the second row is not for Refugio, but rather Aransas County. Shows the progress for the first 5 months of the FY2018. Congregate meals are at 42% of the goal for the year, right on target. Home Delivered are at 28%. The reason for that is because of the participation in the Day of Giving. Approximately $48,000 from the Day of Giving. That money is applied to first quarter of Home Delivered meals, which starts in January. All that money is applied under local meals. As soon as the money is used up, then the DADS money is applied. There was also an issue with Hurricane Harvey. The county was hit terribly by the storm and so the year opened up with 50 clients. Usually the budget is based on 150 clients. Currently just over 100, rebuilding the program from the ground up. All subsidized, senior, and Nursing home/ Assisted livings, are gone. People are returning as housing becomes available. On a whole, lost 30% of the population. Especially impacts those who need the assistance. This the 40th year of operation for the area, learned a lot because of this experience with Harvey. *Mr. Leija asked about Winter Texans.* More Winter Texans than thought would come down, but less than normal amount. Those that did come either owned property and were able to come back to it or had mobile/motor homes to park. *Mr. Leija asks about them paying for the meals.* Ms. Nies explains yes, the donation is $2 a meal. Most of the time, Winter Texans are very generous and donate more than suggested. *David Ramos explains that AAA/ADRC would like to visit to see about what assistance can be provided.* Ms. Nies talks on the learning experience of Hurricane Harvey. Agency is a 501c3 and not run by the County. There was a plan for Harvey, but most of it was to evacuate. Closed of agency down, covered windows, put everything possible in freezer. Only 8 employees, but all evacuated. Payment of employees was a concern but the agency was able to go to the bank and pay the employees. *Mr. Leija asks about the County assisting the agency.* Ms. Nies explains that the county is allotted 2 representatives because they are part of the Council of Governments. The county does assist the agency. However the agency does not report to them. Because they are their own organization, they own everything and insure everything and responsible for their own problems. Debbie Thompson was back in town within 3 days with the insurance company and everything that needed to be taken care of. The County offices are set up temporarily around town right now. Ms. Nies explains she returned Sept. 13th, and the agency was back in business Sept. 26th.

V. Action Item(s).
1. NO ACITON ITEM AT THIS TIME

VI. Staff Reports.

1. Coastal Bend Neighborhood Empowerment

Mr. Leija introduces Father Bruce Wilson and his program. David Ramos introduces himself and explains wanting to bring in another organization that will help with the labor of the work. Pastor Cliff from First United Methodist Church in Odem came in to meet with him. There is a Memorandum of Understanding put together. Pastor Cliff explained Father Wilson would be in charge of that area. AAA/ADRC will provide eligibility requirements under the AAA, 60+ years, own home, and actual permit is requested from City and approved by City in order to do the ramp. Then the ABCD (Asset Based Community Development) is working with the 78405 zip code area. *Rudy Cantu asks about some families that are not homeowners.* Mr. Ramos explains they are able to get a notarized letter from the owner of the home to give permission for the ramp. Father Wilson passes out flyers of info to the council members. He is part of 3 ramp building groups. Primarily under the organization called Access Plus, all the Episcopal churches in partnership with the St. Mark's Episcopal church, funded by Edward Shell. 80%-90% of the ramps are not being used anymore, because people they are built for are no longer living to utilize them. Program comes under Asset Based Community Development. Need based development, they target an area and do surveys and figure out the needs then bring resources in to the community to repair/rebuild. More charitable now than ever. Poverty continues to increase also. Explains they focus on areas that have fallen under developed, and what needs they have most. Then they go in to the area and make friends and try to build on strengths. Anything happening in the neighborhood is citizen driven. *Rudy Cantu asks about contact with other faith based organizations that do similar work and also if working with City of Corpus Christi*. Father Wilson explains it is working from the inside out, using the assets of the people in the area/community. *Cindy Payne asks about publicity to get help with Volunteers to build the ramps.* Father Wilson explains they usually come from the neighborhood that is getting assisted.

2. Well Med Foundation Funding Request (1&2)- Viola Monrreal

Mrs. Monrreal explained the agency submitted a grant request in the amount of $20,000 back in February. Still awaiting result. Wanted to do a collaborative partnership similar to what we did with Del Mar College. There was a Care Lab developed with the Nursing students and partnership for the Lifespan funding and program. However when the funding ran out, all the items were left to Del Mar College. But the need is necessary still. So should we receive the funding, AAA/ADRC would recreate that training lab here at this location. WellMed Contacted AAA explaining there was some money left over and would like to set it aside for the victims of Hurricane Harvey. Mrs. Monrreal met with the staff that work with the clients directly to look at some of the requests needed. Ongoing list of ramps requested, allocate for 3 ramps including fixing a porch, requests for deposits to move into apartments, pet deposits, 5 at $500 each for a total of $2,000, request for electrical repair $1,400, debris removal and tree trimming $800, replacement of the walkway $1000, food and clothing 9 $100 gift cards 18 $50 gift cards, part of staff time 48 coordination $2,066. Total of $20,000. Hoping for the funding to come through to continue assistance for needs due to Hurricane Harvey.

2. Lifespan Respite Summer Camp-Viola Monrreal

Mrs. Monrreal explained at that time there was not enough funding for summer camps as done in the past. Through the ADRC committee requested to serve some individuals that were already identified for respite through the Behavioral Health Center. Behavioral Health Center is undergoing several changes and let ADRC know to use the funds somewhere else because they do not have the man power to utilize it at this time. Set aside $5,000, contact Catholic Charities the cost per unit is less and will be able to assist more individuals. Summer camp will happen after all 6 days of activities. Will be able to assist 45-55 individuals being assisted with that money.

3. ADRC Advisory Committee info, MFP (LCA and Housing Navigation) update RTZ Transition and LTSS- Viola Monrreal

Mrs. Monrreal explains that this is the committee that has quarterly meetings in Austin and monthly conference calls. MFP was only going to be until 2018, since then there is a reauthorization and there will be funding for that through 2022. Funds the Housing Navigator Program, contract work with CBCIL, meets with the goal for more accessible and affordable housing to be built targeting 30% individuals. The state is transitioning from the current SAMS to RTZ which will encompass the ADRC program and will be able to have resource data within the program. Supposed to be more user friendly. We have requested to be a pilot site to be ahead of the curb. LTSS referrals has been going on for some time now. The agency is supposed to work as a No Wrong Door entity. The way it should work is that agencies would be linked to clients based on needs. Kinks are still being worked out. What is happening is that the state sends a report saying we received 26 referrals for AAA and 2 referrals under

ADRC for the month of February, however that is not reflective on our end. Somehow the referrals are not getting through and if they do get through, there isn't enough information to make contact with the clients.

4. New Area Plan 2020-2023-Viola Monrreal
   In years past, the state asks us to compile a 3 year plan. So the agency will go out into the community to see what the needs are and do surveys and see what to incorporate in the Area Plan. There is a lot of statistical data gathered during this process. The state is giving us a heads up, this time it will be a 4 year Area Plan and they will send a template November 1, 2018. March 31, 2019 the completed plan is about 160 pages of information is due. October 1, 2019 the state will approve the plan and that is what will be used for the next 4 years. Throughout that time, amendments may be made, such as this year with the Tai Chi program being implemented within the EBI program. Which received approval from the ACoA.
5. Texas A&M Center for Population and Aging/Partnership-Viola Monrreal
   Texas A&M Corpus Christi contacted AAA last week. The contact is being made through Texas A&M College Station, from Mr. Joe Flores, Deputy Director with Coastal Bend Health Education Center with Texas A&M University. The funding will be coming from College Station. They would like to conduct a program dealing with education and self management for chronic disease, with Diabetes and Pain management. Dr. Orly (spelling?) connected the program with AAA. The AAA provided a letter of support, should there be funding, we will work in collaboration and coordination in assisting to locate facilities to be able to conduct this class. *Mr. Cantu asks if Joe Flores used to work with Community Action.* Mrs. Monrreal responds, yes. Will keep ACoA in the loop.
6. Post Hurricane Report/Hurricane Harvey funding update-Viola Monrreal
   Funds update. $75,000 grant and $10,000 in Tivity gift cards. Out of the $75,000, there are 18 $50 gift cards left for food from HEB, 4 $100 left for HEB, 18 $50 for clothing from Wal-Mart, and 1 $100 for clothing from Wal-Mart. From the Tivity gift cards, 11 $50 for clothing, food, gas, etc. left. $700 left for deposit funds. for the $75,000 grant, the agency has to request the funds from DADS then go purchase the gift cards. For Tivity, the gift cards are in hand. $2000 set aside for transportation assistance, partnered with CBCIL with the Mobility Options Program. $75-$80 is reimbursed for the trips, to be billed up to $2000. *Mr. Leija asks about the $5000 for Port Aransas.* Mrs. Monrreal explains receipt of a funds from a company from Alabama, which is designated specifically for Port Aransas and ramps. David identified 2 clients, looking for a 3rd if possible. Taking that $5,000 and combining with some match funds to get about 3 ramps.
7. Benefits Counseling~ "Medicare Hot Topic" of the Month-Letty Ochoa
   TODD (Transfer on Death Deed) clinic. Free clinic sponsored by Corpus Christi Bar Association. Will assist with filling the TODD and all client has to do is take paperwork to the courthouse. Through the house, the TODD makes it so that your house does not have to go through probate. No income guidelines. Call the number on flyer for appointments. Partnership with City of Corpus, AAA, and Bar Association. Last year there were 44 appointments and 38 were assisted. From 9am-1pm. Call to make an appointment. Open to all Coastal Bend counties. Saves home from the MERP (Medicaid Estate Recovery Program). Appointments are no more than an hour. There is a charge to file with the courthouse, must be filed in your county courthouse if you are outside of Nueces. Bring photo ID, current deed to property, where you can get it from the local county clerk office. Notaries provided at clinic. There were 11 attorneys last year. Mr. Paul Zambie heads the program 512-637-6752. *Chuck Shultz asks about assistance with wills.* Ms. Ochoa talks on the Transactional Legal Assistance program that will assist with wills and other documents.

VII. Committee Reports.

1. TSHL / Advocacy Committee Report- Mark Walsh
   Mr. Walsh addressed the ACoA on the health of Frances Morrow. Frances asked him to inform the ACoA members about her condition and asked for prayers as she has been diagnosed with cancer in the liver.

   The surveys have been getting out and getting returned with information. The state legislature is also pursuing some topics. TSHL will be able to hitchhike with the topics that match those being discovered in the surveys. The meals centers provide great service, transportation great, healthcare seems to need some attention, counseling services.

VIII. New Business

1. Birthdays- Viola Monrreal/ Monzeratt Silgero

   April birthdays will be acknowledge with May birthdays at May ACoA meeting May, 14, 2018.

IX. Announcements.

1. Reminders and Misc.- Monzeratt Silgero
   Meeting May 14th at 2:00pm.

X. Adjournment.

Cindy Payne adjourned the ACoA meeting at 3:35pm.