

*Caregivers' Choice:  
Top 10 Articles and Questions for April 2018*

### News And Articles

#### [Top 3 Excuses From Siblings Who Don't Help With Caregiving](#)

It can be disheartening when you reach out to siblings for help and support, but they only offer up excuses. Take an objective look at their reasons for staying at arm's length and learn how you can get everyone on the same page. [Read More »](#)

#### [A Common Caregiver Confession: "I Secretly Wish My Ill Loved One Would Die"](#)

Watching a once vibrant person decline is never easy, especially when their quality of life is low. Caregivers may wish for an end, not out of cruelty, but because they are burned out and realize there is little else they can do to help their loved one. [Read More »](#)

#### [How General Anesthesia Can Affect a Senior's Cognitive Function](#)

When deciding whether to have a major surgery, such as a joint replacement or cardiac procedure, it's important to consider how "going under" can affect a senior's cognitive abilities over both the short and long term. [Read More »](#)

## [Can a Caregiver Change a Loved One's Power of Attorney?](#)

Two common scenarios are when a caregiver no longer wishes to be POA and when a family member wants to challenge the legality of a POA's actions. Changes are dependent on the principal's competency, how the document is written and the desired outcome. [Read More »](#)

## [How Can I Get Paid for Being a Family Caregiver?](#)

Programs and assistance vary widely by state and individual circumstances, but some financial help may be available for family caregivers who are looking to offset the costs of providing care for an elderly loved one. [Read More »](#)



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## [Questions and Discussions From Caregivers](#)

[Q: Nursing service says I have to clean and dress my mother's bedsore? No. Way.](#)

[The new nurse told the aide that she will have to train ME to clean the sore because the aides are not technically allowed to do this. Anyone have experience with this situation?](#)

[Q: Is it possible to hire an aide for the day for a special event?](#)

[It is getting more and more difficult to include my father \(91\) in events. My son is getting married and while we would want him there I am not willing to give up my enjoyment of the day to cater to him.](#)

[Q: Torn between home care and assisted living, any thoughts?](#)

[He tells me it will kill him to move, could I live with myself if he just went downhill upon moving?](#)

[Q: Should adult children be expected to pay for final burial costs?](#)

[How are final costs usually handled? Not all children are able to contribute to these costs, WWII is about to break out over this situation, HELP!](#)

[Q: How do I decrease the amount of "junk" mail my mom gets? She has a tendency to donate to every cause that arrives in her mailbox.](#)



## [Considering Hospice Care?](#)

Learn about the care hospice provides, discussing end-of-life with family and how to pay for hospice care.

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