

# SCHMIEDING METHOD BASIC SKILLS TRAINING CLASSES

~ FREE 12 hour class ~

CLASS DATES (each session is 4 hours):

FRIDAY, JUNE 1st

FRIDAY, JUNE 8th

FRIDAY, JUNE 15th

TIME: 12:30 p.m. ~ 4:30 p.m.

WHERE: Del Mar College  
Ctr. for Economic Development  
Room # 126  
3209 S. Staples St.  
Corpus Christi, Texas 78411

**\*) COURSE CONTENT INCLUDES :**

- ◆ *Infection Control*
- ◆ *Skin Care*
- ◆ *Incontinence Management*
- ◆ *Medication Safety*
- ◆ *Proper Body Mechanics*
- ◆ *Body Movement and Mobility*
- ◆ *Caregiver Stress*
- ◆ *Home Safety*
- ◆ *Personal Care*
- ◆ *Transferring*
- ◆ *Nutrition & Hydration*

**MUST PRE-REGISTER BY May 25th**

Call to reserve your space:

**(361) 883-3935**

or **1-800-252-9240**

*The Schmieding Method  
Basic Skills Training Classes  
is a community partnership provided by:*



Facilitations are also provided by the:

**THE NATIONAL FAMILY CAREGIVER SUPPORT PROGRAM**

For additional information contact:

~ **FELIPA LOPEZ WILMOT** ~

*Family Caregiver Program Specialist*

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~ OR ~

**Sally Edsill**

*NFCSP Administrative Assistant*

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